



THE CITIZENS FOUNDATION



TCF Rahbar Program

Influence a Young Life - Become a Rahbar

TCF Rahbar Program

Two cycles are held every year at multiple schools in **Karachi and Lahore**, between **April—June** and **October—December**.

If you are interested in being a part of TCF Rahbar Program please register yourself on our website: www.thecitizensfoundation.org

The next phase in Karachi and Lahore starts on April 2nd, 2011.

For more details contact us at 111-823-823 (111-TCF-TCF) or 0321-2432514



About TCF

The Citizens Foundation (TCF) is a professionally managed, non-profit organization working to improve the quality of education in Pakistan. As of April 2010, TCF has 660 purpose-built school units nationwide in urban slums and rural areas with an enrollment of more than 92,000 students.

TCF's vision is to remove barriers of class and privilege to make citizens of Pakistan agents of positive change.

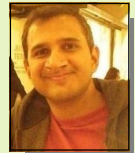
".....Soon after joining Rahbar, the feeling that we were doing voluntary work was completely superseded by the feeling that it is one of our primary obligations as citizens to join Rahbar..... Our one year old daughter Isra joined us on Rahbar sessions and was called 'chowta mentor' by everyone who knows us at TCF....Looking back, we feel that Rahbar is one of our most rewarding and enjoyable experiences."

*Ahmed Bashir & Hurmah Abeer Ahmed
Ahmed is a lawyer by profession
and Hurmah is a housewife*



"TCF's Rahbar Program is a two-way street; the children become our family & provide us the same encouragement we provide them. To witness the triumph of the human spirit against social adversity, I am humbled!"

*Hassan Bin Hassan
Banker*



What is Rahbar and the role of a mentor?

TCF Rahbar – a Mentorship Program aimed at the development of youth as responsible individuals and productive members of society.

In line with this, the role of a mentor in Rahbar is to encourage the mentee to develop a positive thought process, a vision for his/her future, the plan to realize that vision and the capacity to deal with the failure that he/she will inadvertently confront on this journey.

"The intention to join Rahbar was primarily to ignite a spark amongst those whom "I" thought needed it; however, it turned out to be the other way round. After experiencing two phases, I can certainly state that I am with Rahbar to elevate the human spirit; be it mine, yours or any other surrounding me!"

*Faiza Aziz
Resource Deployment Manager
IBM*



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Rahbar thus far...

The program has completed six successful cycles in Karachi and Lahore. In the brief span of two years, we have been able to reach over 2700 students with the support of more than 600 volunteer mentors from all walks of life.

Our mentors have included people employed in the corporate sector, housewives, lawyers, engineers, scientists, doctors, teachers and retired personnel - just about anyone who would like to make a meaningful difference in young lives.

"Rahbar is an ideal platform to give back to society. I take nothing for granted anymore and have learnt to appreciate the bravery and potential of the children I mentored. Rahbar has encouraged positive thinking, not just for the mentees but also for myself. I hands down recommend that everyone register for the Rahbar program. Trust me when I say that the smile of your mentees will change your life forever."



Summaiya Mirza
Assistant Manager—Legal
Byco Petroleum Pakistan Limited

What will be the time commitments for Rahbar?

A group of six to eight students will be assigned to a pair of mentors for the duration of the program, that is, ten Saturday mornings.

The mentors and children will meet every Saturday morning between 9:30 am to 12:30 pm.



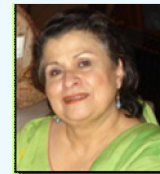
"...Right from the beginning Rahbar engrossed me in its values, objectives and the impact it offers. It has been an enriching experience for me.... The most cherished moment is to see the glittering eyes of the students when they meet their mentors every weekend... These

kids look up to us for guidance to pursue their journey of becoming an agent of positive change."

Waqas Zafar
Senior Territory Manager, Karachi
Shell Pakistan

- Waqas has been part of Rahbar since its pilot in April 2008

"The Rahbar Program proved to be a real soul searching experience for me. After counseling the children of privilege class for years, the exposure to TCF children proved to be an eye opener. Their enthusiasm, curiosity and innocence was a turning point in my life and reinforced that learning and sharing is a two way street."



Mrs. Mahjabin Wazirzada
Community worker/Counselor

I am interested - what is the next step?

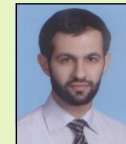
If you are interested in being a part of TCF Rahbar Program please fill out our volunteer form by visiting the following link:

<http://www.thecitizensfoundation.org/VolunteerRequest.aspx>

For more details contact us at 111-823-823 (111-TCF-TCF) or 0321 - 2432514



"Rahbar inspired and has revived in me the spirit of optimism and self-reliance as we are ultimately responsible for our destiny. I hope I was able to inspire my boys to convert their thoughts to their destinies!"



Ammar Mursalin
Manager Customer Insights
Engro Fertilizers Limited